



presents the **2010**

Na Wahine FESTIVAL

Full Event Details at www.TryFitnessHawaii.com
Regular entry must be postmarked by August 15, 2010

Hawaii's premier all-women's triathlon is back—the Na Wahine Sprint Triathlon.
It is now part of our new festival of multi-sport events just for women.

Sunday • September 12, 2010 • Kapiolani Park • 6:30 AM

Choose from one of 4 exciting events:

SPRINT TRIATHLON

SPRINT DUATHLON

500m swim/12 mile bike/5K run

ENTRY FEE (includes finisher's t-shirt):

\$75, Active Military (by 8/15)

\$80, individual (by 8/15)

\$120, team (by 8/15)

+ \$10, late entry (after 8/15)

USA Triathlon one-day license*

Lisc# _____

TOTAL FEE ENCLOSED: _____

SUPER SPRINT TRIATHLON

250m swim/6 mile bike/1.5 mile run

ENTRY FEE (includes finisher's t-shirt):

\$55, Active Military (by 8/15)

\$65, Individual (by 8/15)

+\$10, late entry (after 8/15)

USA Triathlon one-day license

Lisc# _____

TOTAL FEE ENCLOSED: _____

SWIM AND SPIN - NEW!

500m swim/12 mile bike

ENTRY FEE (includes finisher's t-shirt):

\$55, Active Military (by 8/15)

\$65, Individual (by 8/15)

+\$10, late entry (after 8/15)

USA Triathlon one-day license

Lisc# _____

TOTAL FEE ENCLOSED: _____

*(Annual USA Triathlon members do not pay \$10 fee,
but must present license at packet pick-up)



NO REFUNDS • Make check payable & mail to: TRY FITNESS, PO Box 22422 Honolulu, HI 96823

INDIVIDUAL or RELAY TEAM CAPTAIN - Last Name

First Name

Age on 12/31/10

Address

City

State Zipcode

Email (required for confirmation)

Phone (Day)

S M L XL
T-Shirt Size (circle one)

SIGNATURE* (Parent or guardian must sign if entrant is under 18 yrs old)

Date

*I hereby agree to sign the USA Triathlon waiver at packet pick-up. Try Fitness reserves the right to use any images, quotes or other material acquired from the Na Wahine Festival, for promotional purposes without notification or written consent from the participants.

RELAY MEMBER #2 - Name

SIGNATURE

Age on 12/31/10

RELAY MEMBER #3 - Name

SIGNATURE

Age on 12/31/10

TEAM NAME

DOWNLOAD APPLICATION at www.TryFitnessHawaii.com or REGISTER ONLINE at eventsonline.ca

